

**INFLUENCE OF ASANAS AND PRANAYAMA ON SELECTED  
PHYSICAL PSYCHOLOGICAL PHYSIOLOGICAL AND  
HEMATOLOGICAL PARAMETERS AMONG DEGREE  
COLLEGE STUDENTS**

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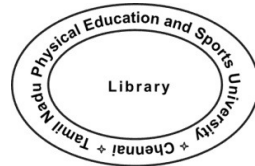
**DOCTOR OF PHILOSOPHY  
IN  
PHYSICAL EDUCATION**

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